



# CRUISE HEALTHY

An industry that is prepared and proactive when it comes to the health and wellness of passengers and crew.



## PASSENGER ADVICE

- Wash hands often and thoroughly - this is one of the best ways to prevent the spread of illness.
- Make use of the alcohol-based hand sanitisers which are freely available around the ship.
- Guests who feel unwell before or during a cruise should report to the onboard medical team, and seek treatment as soon as possible.
- Follow the advice of the onboard medical staff and limit contact with other guests while sick.
- Purchase the right sort of travel insurance for the cruise.

Be informed. Be prepared.  
[smartraveller.gov.au](http://smartraveller.gov.au)  
[safetravel.govt.nz](http://safetravel.govt.nz)



## ROBUST HEALTH PROTOCOLS

**For travellers and communities welcoming cruise ships, robust measures are in place in response to coronavirus (COVID-19) to ensure that health and safety remain the highest priorities.**

- No cruise ships have travelled directly from China to this region. Many of the vessels operating in this region have been in Australasian waters or on World Cruises for some time.
- No passengers or crew are permitted to board if they have come from or visited South Korea, Iran, China (including Hong Kong and Macau) and any municipality in Italy subject to lockdown measures by the Italian Govt, in the 14 days before embarkation. These restrictions are over and beyond those introduced by the Australian and New Zealand Governments.
- CLIA ocean cruise lines have introduced stringent measures including pre-screening processes to determine a person's travel and contact history. They will deny boarding to anyone who may present an increased risk.
- CLIA ocean cruise lines operate under a rigorous system of oversight and enforcement that protects passengers and crew member health and well-being.
- Public health authorities worldwide inspect cruise ships and enforce health requirements and cruise ships undergo regular internal public health reviews.
- Cruise lines consult with health authorities globally, including the World Health Organization, Australia's Department of Health, New Zealand's Ministry of Health, and other state health authorities.
- Cruise ships are required to report any suspected onboard illnesses to local authorities prior to arrival!



## CLEAN SHIPS

- CLIA Cruise Lines have robust cleaning, sanitation and outbreak prevention protocols.
- Cruise ships frequently deep clean and sanitize facilities onboard.
- Cabins are thoroughly cleaned every day, while kitchens, restaurants and other common areas are cleaned multiple times per day.
- After every cruise, crew members clean the ship from top to bottom.
- Crew members regularly refresh their training on health and well-being responsibilities.



## MEDICAL RESOURCES

- Cruise ships have medical facilities and qualified medical professionals available around the clock to provide medical care in the event of illness and to prevent disease transmission.
- Onboard staff and crew are trained in first aid.
- All ships must carry defib, cardiac and other emergency equipment.
- CLIA Cruise Lines travelling regularly on itineraries beyond territorial waters have agreed to meet or exceed the requirements of the healthcare guidelines for cruise ship medical facilities.



Cruise Lines International Association (CLIA) is the world's largest cruise industry trade association, providing a unified voice and leading authority of the global cruise community. CLIA supports policies and practices that foster a safe, secure, healthy and sustainable cruise ship environment and is dedicated to promoting the cruise travel experience. CLIA represents over 95% of the global cruise capacity, catering for more than 24 million passengers annually.



[cruising.org.au](http://cruising.org.au)